

# THE BEST KEPT **DETOX** SECRET: HOMOTOXICOLOGY

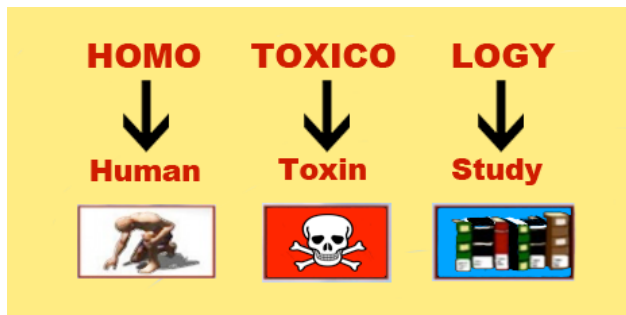


## Why is Homotoxicology Important for Detoxification and Drainage? What are the Phases of Disease Evolution?

*Claudio Capozza MBBS (Italy) N.D. & Patrizia Gentile N.D.*

### WHAT IS HOMOTOXICOLOGY?

Homotoxicology is the study of the influence of homotoxins, (homo = human being, toxin = poison), on the human organism. Homotoxicology is an approach to healing that integrates the treatment principles of homeopathy, with the diagnostic approach of allopathic medicine. Developed by Dr. Hans-Heinrich Reckeweg in 1952 in Germany.



Homotoxicology treatment is to detoxify the body and restore the body's natural biorhythms, which cannot be achieved without ridding the body of toxins. Homotoxicology involves using homeopathic remedies to facilitate the removal of toxins and stimulate the body's capacity to heal itself, therefore each human possesses an innate self-healing mechanism that can prevent and treat illness. We should normally be excreting toxins the primary pathways of feces, urine and sweat.

When the immune system is challenged, our body's ability to eliminate toxins is also compromised.

### WHAT ARE TOXINS?

**Exogenous toxins** are introduced or produced from outside the human body, i.e. air pollution, synthetic chemicals in food and water, bacteria, viruses and allopathic drug residue. Chemicals and other toxins are absorbed into the body through organs such as skin, lungs, and gastrointestinal tract. The liver, kidneys, skin, mucous membranes and other organs are all involved in the excretion of homotoxins.

**Endogenous toxins** are produced inside the body and come from metabolic waste, lactic acid, adrenaline, histamine, antigen-antibody complexes, nutrient deficiencies, psychological stressors and emotional traumas. Toxins constantly challenge cells, tissues, organs, hormones and the immune system.

Consider your body as a vase. Absorbed consumed, inhaled toxins, (including: hormones, environmental chemicals, allergens, pharmaceuticals, pollution, heavy metals, bacteria, viruses, candida, parasites, etc), as well as stresses, fill up this vase. Once the organs of detoxification become overworked, they can no longer empty the vase at a suitable rate, and the vase fills with toxins and stress due to the over loaded system.

## WHAT ARE THE PHASES OF DISEASE EVOLUTION?



The progression of a disease state is viewed in six phases. As toxins penetrate and build in the body over time, the related physical ailments worsen in their severity and complexity. Homotoxicology works to reverse this process and restore health. Some symptoms associated with each stage of disease progression are listed below each phase:

### **I. EXCRETION PHASE = Expulsion of Toxic Products**

Intense Sweating, Difficulty Concentrating, Tears, Joint Pains, Myalgia, Coughing, Sneezing, Diarrhea, Vomit, Polyuria, Lymphedema, Electrolyte Shift, Susceptibility to Infection, Heartburn, Increased Secretion of Neurotransmitters, Increased Adrenalin and Noradrenalin Secretion, Increased Digestive Juices, Increased Mucous Production, Increased Thyroid/Parathyroid/Thymic/Insulin/Glucagon/Enteric/CorticoSuprarenal/Adeno Hypophyseal Hormones

### **II. INFLAMMATION PHASE= Cleansing by the Activated Defense System**

Acne, Meningitis, Conjunctivitis Sinusitis, Pharyngitis, Epicondylitis, Acute Sprain, Acute Bronchitis, Gastroenteritis, Urinary Tract Infection, Leucocytosis, Lymphangitis, Lipid Metabolism Disturbance, Thyroiditis, Acute Infections, Weak Immune System, Dermatitis, Rhinitis, Otitis Media, Tonsillitis, Prostatitis, Ovaritis, Dysmenorrhea, Gengivitis, Aphthous Ulceration, Glossitis, Dental Abscess.

### **III. DEPOSITION PHASE = Storage of Toxins in the Extracellular Space**

Nevi, Chalazion, Exostosis, Myogelosis, Nasal polyps, Sclerosis, Arteriosclerosis, Intestinal Polyps, Gallbladder or Kidney Stones, Polycythaemia, Lymph-Node Swelling, Gout, Obesity, Goiter, Seborrhic Eczema, Dental Granuloma, Nasal/Gastric/Intestinal/Bladder/Uterine Polyps, Neuroma, Heavy Metal Deposition, Mammary/Liver/Pancreatic/Thyroid/ Adrenal Cysts, Breast Calcifications, Adenomas

### **IV. IMPREGNATION PHASE = Invasion of Toxins into the Cell**

Gastric Ulcer, Duodenal Ulcer, Leaky Gut Syndrome, Dysbiosis, Mammary Fibroadenoma, Fibrocystic Mastopathy, Chronic Pancreatitis, Chronic Hepatitis, Asthma, Fibromyalgia, Chronic Bronchitis, Hypertension, Coronary Heart Disease, Chronic Gastritis, Chronic Urinary Tract, Infection, Insufficiency of the Lymph System, Metabolic Syndrome, Adrenal Exhaustion, Dyslipidemia, Menopausal Symptoms, Recurrent Vaginitis, Hyperthyroidism, Hashimoto 1<sup>st</sup> Stage, Chronic Infections, Glucose Intolerance, Chronic Arthritis, Chronic Fatigue Syndrome, Migraines, Allergies, Rosacea, Uveitis, Early Osteoporosis, Anaemia, Benign Prostatic Hyperplasia

### **V. DEGENERATION PHASE = Destruction of the Cell by the Toxins**

Scleroderma, Alzheimer's Disease, Macular Degeneration, Spondylosis, Osteoarthritis, Bronchiectasis, Chronic Obstructive Pulmonary Disease, Congestive Heart Failure, Atrophic Gastritis, Renal Atrophy, Aplastic Anaemia, Fibrosis, Diabetes, Osteoporosis, Thrombocytopenia, Myocardial Infarct, Arthrosis, Sterility, Infertility, Muscular Dystrophy, Psoriasis, Dental Caries, Parodontosis, Parkinson Disease, Multiple Sclerosis, Amyotrophic Lateral Sclerosis, Glaucoma, Cataract, Crohn's Disease, Ulcerative Colitis, Gluten Enteropathy (severe), Hepatic Cirrhosis, Hashimoto 2<sup>nd</sup> Stage, Atrophy of the Small, Intestinal Villi

### **VI. DEDIFFERENTIATION PHASE = Neoplastic Changes in the Cell**

Tumors, Cancer

### **The Excretion and Inflammation Phases (I & II)**

are part of the Humoral Phase. The defense system is intact during this phase and can excrete the toxins through various pathways. Intracellular systems are not disturbed.

### **The Deposition and Impregnation Phases (III & IV)**

occur in the Matrix Phase, which involves toxins in the extracellular matrix or connective tissue for the first time. The structural components of the connective tissue are altered. In addition, during the Impregnation Phase (IV), the biology of cells in the body begins to change.

### **The Degeneration and Dedifferentiation Phases (V & VI)**

take place in the Cellular Phase when cell systems are increasingly destroyed and there is loss of function in the connective tissue. The defense system cannot excrete toxins from the body.

Homotoxicology detoxification operates on a cellular level, for the removal of Heavy Metals, Candida (which alone releases up to 79 toxins), Parasites, Viruses, Bacteria, Environmental Chemicals and for the Detoxification of all Organs, Lymphatic and Matrix (connective tissue, where the cells live).

Homotoxicology remedies can be integrated with other modalities and with conventional medical treatment. In many cases, a complementary approach with Homotoxicology, can offer superior health results, by treating the underlying imbalances and causes, optimizing the body's natural defense systems, and promoting more optimum functioning of the body's organs and tissues.

### **REFERENCES**

[www.biologicalmedicine.info](http://www.biologicalmedicine.info)  
[http://www.isooh.org/content/e2/e17/e1762/e1763/det\\_and\\_manual\\_eng.pdf](http://www.isooh.org/content/e2/e17/e1762/e1763/det_and_manual_eng.pdf)  
[www.advnat.co.nz](http://www.advnat.co.nz)  
[www.healingfocus.org/homotoxicology.pdf](http://www.healingfocus.org/homotoxicology.pdf)  
[www.lifehealthchoices.com](http://www.lifehealthchoices.com)  
[www.fearlessparent.org](http://www.fearlessparent.org)  
<http://www.spokanenaturalmedicine.com/homotoxicology-detoxification-drainage-understanding-the-progression-of-disease-and-its-treatment/>

**Claudio Capozza MBBS (Italy) N.D. & Patrizia Gentile N.D.**

**Dip. Nat., Dip. Nut., Dip. Kine., Dip.Med.Herb.  
Homotoxicology, Orthomolecular Medicine  
Members ATMS N° 24198 - 24199  
Members of ASBRM N° 745 - 744,  
Members of ISOHH, Members of IAH**



[www.lotusdental.com.au](http://www.lotusdental.com.au) [www.lotushealth.com.au](http://www.lotushealth.com.au)

02 9953 5153 admin@lotusdental.com.au Suite 102-103, 40 Yeo Street Neutral Bay NSW 2089

